## Praying and worship through Holy Week - Praying Beyond the Prayer Day

We encourage you to keep praying through Holy Week and beyond. How much time you spend in prayer is entirely up to you. Depending on circumstances, you may struggle to find an uninterrupted period of time. However, prayer doesn't need to be sitting in one place for a period of time, instead we can ponder and pray as we do everyday things!

The following may help:

- 1. Go back and read/use the material prepared for the prayer day.
- 2. Online Reflections on Monday 29<sup>th</sup>, Tuesday 30<sup>th</sup>, Wednesday 31<sup>st</sup> March. Rev Chris, Rev Bruce and Rev Les have prepared reflections which will be available on Stanhope Methodist YouTube channel.
- 3. Read through the Easter story and use the reading as the basis of prayer. For each day of Holy Week, slowly read the Bible passage. Imagine each scene. Imagine witnessing the events. Pray about how you feel and the things this passage brings to mind.

Monday 29 <sup>th</sup> March	Mark 11:11, 15-19
Tuesday 30 <sup>th</sup> March	Mark 11: 12-14, 20-26
Wednesday 31 <sup>st</sup> March	Mark 14: 1-9
Thursday 1 <sup>st</sup> April	Mark 14: 10-72
Friday 2 <sup>nd</sup> April	Mark 15: 1-47
Saturday 3 <sup>rd</sup> April	Isaiah 53:1-13
Sunday 4 <sup>th</sup> April	Mark 16: 1-18

4. Join with others during Holy Week

Sunday 28<sup>th</sup> March - Circuit Palm Sunday service at 10.30am via Stanhope Methodist YouTube channel.

Thursday 1<sup>st</sup> April – Maundy Thursday Service of Lament at 7.30 via Stanhope Methodist YouTube channel.

Friday 2<sup>nd</sup> April – Good Friday 'Tenebrae Service' at 7.30pm via Stanhope Methodist YouTube channel.

Saturday 3<sup>rd</sup> April – Zoom prayer gathering, 8.30-9am. Link is **Zoom Prayer Gathering** or use Meeting ID: 895 5093 9245 & Passcode: 84025721.

Sunday 4<sup>th</sup> April – Easter morning services – a range of services. Wolsingham, Willington, Trinity and Crook are holding services in their buildings. For those not 'going' to service, there is an online service led by Rev. David Hall via Stanhope Methodist YouTube channel.

- 5. After Easter, you may wish to use the Darlington District booklet '50 days' as a source of prayer and reflection. Available from circuit after Easter
- Join the weekly online prayer gatherings via zoom every Saturday until 22<sup>nd</sup> May (Pentecost), 8.30-9am. Link as above.

## And finally....just keep on praying!